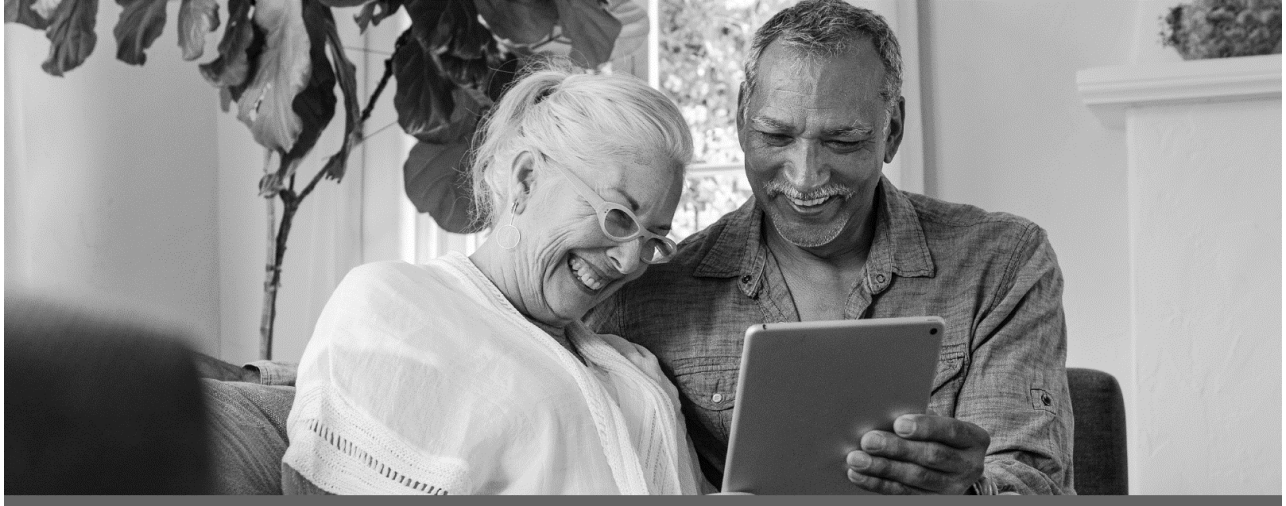


ANNUAL NOTICE OF CHANGES FOR 2023



NAVITUS MEDICARERX (PDP) OFFERED BY C AND O EMPLOYEES' HOSPITAL ASSOCIATION

You are currently enrolled as a member of Navitus MedicareRx Prescription Drug Plan (PDP). Next year, there will be changes to the plan's costs and benefits. ***Please see page 3 for a Summary of Important Costs.***

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at [Medicarerx.navitus.com](https://www.Medicarerx.navitus.com). You may also call Customer Care to ask us questions or to ask us to mail you an *Evidence of Coverage*.

- **If you choose to Opt Out of Navitus MedicareRx coverage and join a different plan, you have from October 15 until December 7 to make changes to the other plan's Medicare coverage for next year. It is important to notify C and O Employees' Hospital Association (COEHA) if you want to opt out of Navitus MedicareRx.**

OMB Approval 0938-1051 (Expires: February 29, 2024)

What to do now

1. **ASK:** Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to our drug coverage, including authorization requirements and costs
 - Think about how much you will spend on premiums, deductibles, and cost sharing
- Check the changes in the 2023 Formulary to make sure the drugs you currently take are still covered.
- Think about whether you are happy with our plan.

2. **COMPARE:** Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. **CHOOSE:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in Navitus MedicareRx.
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Navitus MedicareRx.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Customer Care number at 1-866-270-3877 for additional information. (TTY/TDD users should call 711.) Hours are 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.
- We can also give you information in alternate formats (e.g., braille, large print, audio) as applicable.

About Navitus MedicareRx

- This plan, Navitus MedicareRx (PDP), offered by Dean Health Insurance, Inc., is a Federally-Qualified Medicare Contracting Prescription Drug Plan.
- When this document says “we”, “us”, “our”, “plan”, or “our plan”, it means Navitus MedicareRx.

Annual Notice of Changes for 2023
Table of Contents

Summary of Important Costs for 2023	3
SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Navitus MedicareRx in 2023	4
SECTION 2 Changes to Benefits and Costs for Next Year	4
Section 2.1 – Changes to the Monthly Premium	4
Section 2.2 – Changes to the Pharmacy Network.....	5
Section 2.3 – Changes to Part D Prescription Drug Coverage.....	5
SECTION 3 Deciding Which Plan to Choose.....	8
Section 3.1 – If You Want to Stay in Navitus MedicareRx.....	8
Section 3.2 – If You Want to Change Plans.....	8
SECTION 4 Deadline for Changing Plans	9
SECTION 5 Programs That Offer Free Counseling about Medicare	9
SECTION 6 Programs That Help Pay for Prescription Drugs.....	10
SECTION 7 Questions?.....	10
Section 7.1 – Getting Help from Navitus MedicareRx	10
Section 7.2 – Getting Help from Medicare	11

Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Navitus MedicareRx in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
<p>Monthly plan premium Your coverage is provided through your employer group. See Section 2.1 for details.</p>	<p>Your total group health insurance premium includes the cost of your prescription drug benefits, including this plan. Contact C and O Employees’ Hospital Association (COEHA) for premium information</p>	<p>Your total group health insurance premium includes the cost of your prescription drug benefits, including this plan. Contact C and O Employees’ Hospital Association (COEHA) for premium information</p>
<p>Part D prescription drug coverage for a 1-month supply See Section 2.3 for details.</p>	<p>Deductible: Your deductible is \$200</p> <p>Cost sharing during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: You pay \$10 • Drug Tier 2: You pay \$35 • Drug Tier 3: You pay \$55 • Drug Tier \$0: You Pay \$0* 	<p>Deductible: Your deductible is \$200</p> <p>Cost sharing during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: You pay \$10 • Drug Tier 2: You pay \$35 • Drug Tier 3: You pay \$55 • Drug Tier \$0: You Pay \$0* <p>*Specific guidelines apply</p>

SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Navitus MedicareRx in 2023

If you do nothing to change your Medicare coverage by December 7, 2022, we will automatically continue your enrollment in our Navitus MedicareRx coverage. This means starting January 1, 2023, you will continue getting your prescription drug coverage through Navitus MedicareRx. If you want to change plans (i.e., Opt Out of Navitus MedicareRx) or switch to Original Medicare, you can do so between October 15 and December 7. If you are eligible for “Extra Help,” you may be able to change plans during other times.

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
<p>Monthly premium Your coverage is provided through your employer group. (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)</p>	<p>Your total group health insurance premium includes the cost of your prescription drug benefits, including this plan. Contact C and O Employees’ Hospital Association (COEHA) for premium information</p>	<p>Your total group health insurance premium includes the cost of your prescription drug benefits, including this plan. Contact C and O Employees’ Hospital Association (COEHA) for premium information</p>

- Your monthly plan premium may be more if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs. Please see Section 7 regarding “Extra Help” from Medicare.

Section 2.2 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated *Pharmacy Directory* is located on our member portal, go to our website [Medicarerx.navitus.com](https://medicarerx.navitus.com) and click on Members, then Login, to get to the member portal. You can access a pharmacy search tool (click on *Pharmacy Search* on the top navigation bar). Or you may call Customer Care (see back cover) for updated pharmacy information or to ask us to mail you a *Pharmacy Directory*. **Please review the 2023 *Pharmacy Directory* to see which pharmacies are in our network.**

It is important that you know that we may make changes to the pharmacies that are part of your plan during the year. If a mid-year change in our pharmacies affects you, please contact Customer Care (see back cover) so we may assist.

Section 2.3 – Changes to Part D Prescription Drug Coverage

<h3>Changes to Our Formulary</h3>

Our list of covered drugs is called a Formulary. A copy of our Formulary is provided electronically. **You can ask questions or get the *complete Formulary*** by calling Customer Care (see the back cover) or visiting our website ([Medicarerx.navitus.com](https://medicarerx.navitus.com)). To log into the member portal click on Members, then Login. To access the pharmacy search tool, click on *Pharmacy Search* on the top navigation bar.

We made changes to our Formulary, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Formulary to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Formulary are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Formulary to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 7 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can access your Evidence of Coverage by visiting our website ([Medicarerx.navitus.com](https://medicarerx.navitus.com)). To log into the member portal click on Members, then Login. Or you can contact Customer Care (see back cover) for more information.

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs does not apply to you.** We have included a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” but did not receive this insert with this packet, please call Customer Care (see back cover) and ask for the “LIS Rider”.

There are four Medicare Part D “drug payment stages”. How much you pay for a Part D drug may depend upon which drug payment stage you are in.

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Important Message About What You Pay for Vaccines – Our plan covers most Part D vaccines at no cost to you. Call Customer Care for more information.

Important Message About What You Pay for Insulin – You won’t pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it’s on, even if you haven’t paid your deductible.

Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
<p>Stage 1: Yearly Deductible Stage</p> <p>During this stage, you pay the full cost of your drugs until you have reached the yearly deductible.</p>	<p>The deductible is \$200</p>	<p>The deductible is \$200</p>

Changes to Your Cost Sharing in the Initial Coverage Stage

Please see the following chart for the changes from 2022 to 2023.

Stage	2022 (this year)	2023 (next year)
<p>Stage 2: Initial Coverage Stage</p> <p>Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.</p> <p>The costs shown here are for a one-month supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 4, Section 5 of your <i>Evidence of Coverage</i>.</p> <p>We may have changed the tier for some of the drugs on our Formulary. To see if your drugs will be in a different tier, look them up on the Formulary.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1: Preferred generic and certain low-cost brand products You pay \$10 per prescription</p> <p>Tier 2: Preferred brand and certain higher-cost generic products You pay \$35 per prescription</p> <p>Tier 3: Non-preferred products (may include both brand and generic products) You pay \$55 per prescription</p> <p>Drug Tier \$0: You pay \$0*</p> <hr/> <p>Once your total drug costs have reached \$4,430 you will move to the next stage (the Coverage Gap Stage).</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1: Preferred generic and certain low-cost brand products You pay \$10 per prescription</p> <p>Tier 2: Preferred brand and certain higher-cost generic products You pay \$35 per prescription</p> <p>Tier 3: Non-preferred products (may include both brand and generic products) You pay \$55 per prescription</p> <p>Drug Tier \$0: You pay \$0*</p> <hr/> <p>Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).</p> <p style="text-align: right;">*Specific guidelines apply</p>

For information about your costs in these stages, look at Chapter 4, Sections 6 and 7, in your *Evidence of Coverage*. The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.**

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If You Want to Stay in Navitus MedicareRx

It is important to notify C and O Employees' Hospital Association (COEHA) if you want to opt out of Navitus MedicareRx.

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan by December 7, you will automatically stay enrolled in our Navitus MedicareRx.

Section 3.2 – If You Want to Change Plans

We hope to keep you as a member next year but if you want to change for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare prescription drug plan,
- -- OR-- You can change to a Medicare health plan. Some Medicare health plans also include Part D prescription drug coverage,
- -- OR-- You can keep your current Medicare health coverage and drop your Medicare prescription drug coverage.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

Step 2: Change your coverage

- **To change to a different Medicare prescription drug plan**, enroll in that new plan. You will automatically be disenrolled from Navitus MedicareRx.
- **To change to a Medicare health plan**, enroll in that new plan. Depending on which type of plan you choose, you may automatically be disenrolled from Navitus MedicareRx.
 - You will automatically be disenrolled from Navitus MedicareRx if you enroll in any Medicare health plan that includes Part D prescription drug coverage. You will also automatically be disenrolled if you join a Medicare HMO or Medicare PPO, even if that plan does not include prescription drug coverage.
 - If you choose a Private Fee-For-Service plan without Part D drug coverage, a Medicare Medical Savings Account plan, or a Medicare Cost Plan, you can enroll in that new plan. Enrolling in one of these plan types will not automatically disenroll you from Navitus MedicareRx. Your group benefits administrator can best explain your options, the implications of leaving this plan and the process to follow to disenroll. If you do not want to keep our plan, you can choose to enroll in another Medicare prescription drug plan or drop Medicare prescription drug

coverage. If you are enrolling in this plan type and want to leave our plan, you must ask to be disenrolled from C and O Employees' Hospital Association (COEHA). To ask to be disenrolled from Medicare, contact Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week (TTY/TDD users should call 1-877-486-2048).

- **To change to Original Medicare without a prescription drug plan**, you must either:
 - Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY/TDD users should call 1-877-486-2048.
 - – *or* – Contact Customer Care (see back cover) if you need more information on how to do so.

SECTION 4 Deadline for Changing Plans

If you want to change to a different prescription drug plan or to a Medicare health plan for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023. **You must inform Cand O Employees' Hospital Association (COEHA) if you are opting out of coverage under Navitus MedicareRx.**

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. You can learn more about your state's SHIP program(s) by referencing **Exhibit A** in your Evidence of Coverage for the name and contact information for your SHIP.

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can learn more about your state's SHIP program(s) by referencing **Exhibit A** in your *Evidence of Coverage* for the name and contact information for your SHIP.

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY/TDD users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY/TDD users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** Many states have a program called a State Pharmaceutical Assistance Program (SPAP) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in **Exhibit D** of your *Evidence of Coverage*).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please see **Exhibit E** of your *Evidence of Coverage*.

SECTION 7 Questions?

Section 7.1 – Getting Help from Navitus MedicareRx

Questions? We’re here to help. Please call Customer Care at 1-866-270-3877. (TTY/TDD only, call 711.) Customer Care has free language interpreter services available for non-English speakers. We are available for phone calls 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Navitus MedicareRx. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at [Medicarerx.navitus.com](https://www.Medicarerx.navitus.com). To log into the member portal click on Members, then Login. You may also call Customer Care with questions, or to ask us to mail you the *Evidence of Coverage*.

Visit our Website

You can also visit our website at [Medicarerx.navitus.com](https://www.Medicarerx.navitus.com). To log into the member portal click on Members, then Login. As a reminder, our website has the most up-to-date information about our pharmacy network (Pharmacy Directory) and our list of covered drugs (Formulary).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare prescription drug plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY/TDD users should call 1-877-486-2048.



For more information, please contact Navitus MedicareRx Customer Care toll-free at 1-866-270-3877 (TTY/TDD users should call 711) or visit our website at [Medicarerx.navitus.com](https://www.Medicarerx.navitus.com) (to log into the member portal click on Members, then Login).

Customer Care has free language interpreter services available for non-English speakers.

Calls to these numbers are free. Members can reach Navitus Customer Care 24 hours a day, 7 days a week, except on Thanksgiving and Christmas Day.

PHARMACIES CAN REACH NAVITUS CUSTOMER CARE 24 HOURS A DAY, 7 DAYS A WEEK.